



THE UNIVERSITY OF THE THIRD AGE

SARUM U3A NEWSLETTER

Website: www.salisburyu3a.org.uk

April 2013

Number 212

CHAIRMAN'S NOTES

Dear Members,

The day after we had our AGM I went with Viv to the meeting of the group of U3A's in the North Wiltshire Area (Warminster, Bath, Devizes, Westbury, West Wilts, etc), and the 3 U3A's from Salisbury. We are included in this area - not quite sure why but we are.

It was most interesting to hear how the U3A organisation is flourishing and that new U3A's are starting up in the network area. Sarum is one of the smaller, longer established ones but, even though we have fewer members than most, our members seem to be more actively engaged. More of us go to Coffee Mornings (well done Maureen, Gordon, and Viv for inviting such interesting speakers), we have more groups than other U3A's (well done the group leaders and organising team, Linda, Maureen, Mick and Pauline).

I was able to show how favourably Sarum compares with the others as far as active participation is concerned.

With our excellent record of involvement I felt very proud to be the Chairman of Sarum.

Thank you.

Best wishes

Jenny.

COFFEE MORNINGS

Please note that coffee is served from 10.00am

Wednesday April 17th

Fred Swift : "A year in the life of a Beekeeper"

I thought this an appropriate topic for a Spring meeting. Today we welcome Fred the Wiltshire Beekeeper. This is your chance to learn more about the interesting world of bees, beekeeping, and the vital work they do in the pollination of a great many of our crops and flowers. There is a link from our meetings web page to the Wiltshire Beekeeper web site for those of you who would like more information, and I have asked Fred to bring along some local honey and beeswax candles for anyone who would like to buy them.

Wednesday May 15th

An exhibition of craft groups and their leaders' reports.

BUSINESS SECRETARY

On the Notice Board this month:

1. The Third Age Trust's National Conference and AGM programme with application forms.
2. A 2014 Diary order form - still just £2. This year the colour is Burgundy (wine lovers please note!)
3. The latest Jazz Appreciation Newsletter. Anyone who would like to receive these newsletters directly should contact Mike Whitaker on:

mjo.whitaker666@btinternet.com

MEMBERSHIP SECRETARY

I missed the March Coffee Morning because I was unavoidably detained elsewhere! Sorry.

I was told that several members were anxious that they may have missed paying their membership subscription. They can stop worrying. All members are "paid up" otherwise I would be chasing them.

I would love to get rid of the 100-odd membership cards that are still uncollected, and which I carry to each Coffee Morning. Perhaps we can have a concerted effort to wear our card holders on April 17 so that those who do not hold a yellow card for 2013 can be updated. It would then make the Membership Secretary an even happier man!

Tony Munday

1 Downs Close, Haxton, Salisbury, SP4 9PS

01980 671069 ajmunday@btinternet.com

GROUP LEADERS

URGENT!

The following Existing Groups will CLOSE unless New Leaders are appointed before the END of APRIL to enable the publication of next year's programme

Mondays	Novels about Science 9 hole golf practice Art & Artists
Tuesdays	Religions of the World Human Development
Wednesdays	Using your computer Rummikub & games afternoon
Thursday	Country pubs Family History Research The Romans Military History

Please contact: Mick Watts, Groups Organiser.

01722 322116

mhwatts@ntlworld.com

As a result of the above, you will find at the end of this Newsletter several Appendices covering possible new groups, a list of Australian online courses, some notes on forming and running a group, and an application form to submit if you wish to get involved. Editor

Striders Walk, Thursday May 2nd

Please meet at The Wheatsheaf in Lower Woodford for a 10.00am start. From there we will cross the River Avon, gradually climb to the top of the Woodford Valley, walk through the fields and paths via the Little Durnford Estate, crossing the river again, and back through farmland to The Wheatsheaf for lunch. OS Map 130 125352. Please phone Liz Kemp on 01722 414514.

Strollers, Thursday April 18th

Meet at Woodfalls PO at 10.30am for a walk in the New Forest followed by lunch at the King's Head. Please contact Marilyn Hunter on 07786 302008 by Tuesday April 16th if you would like to take part.

Country Pub Lunches, April 18th

Lunch for the above will be at the Yew Tree. If interested contact Alan Goodes on 01722 327665, or email at alang31@talktalk.net

Walkers Walk, Thursday April 25th

Please meet at Grid Ref ST972267, OS Map 118, the lay-by off the A30 at Swallowcliffe. (On left side

of road on bend opposite bus stop) 10am start. Journey round farmland and fields of about 4 miles (plus a slight detour to top of Buxbury Hill, weather permitting), along Buxbury Hollow, Hut Lane, skirting Whitmarsh Wood, and through Swallowcliffe itself. One stile that the crafty can wriggle under! Lunch at the Barford Inn afterwards. Please phone Mike and Brenda Talbot on 01722 320210 by Tuesday April 23rd if you would like to join us.

Rummikub, Wednesday May 1st

Rummikub takes place on the first Wednesday of the month in Alderbury Village Hall at 2pm. This group continues throughout the year. Other board games are also available for interested people.

Rummikub is easy to learn and keeps the brain active. The people who currently play are a very jolly bunch. So, if you are interested, please come along. Maureen Pardy 01722 504295

Churches and Pubs



We have visited cathedrals, abbeys, minsters, and parish churches. On our visits to places of worship there is usually a churchwarden or a member of the congregation available to give us a guided tour of the church, pointing out architectural and historic features of the building and giving us a history of the local parish.

We learnt much of the history of Wessex when we visited the chained library at Wimborne Minster, and were given Wayfarer's Dole at St Cross in Winchester. Did you know that Stratford Tony gets its name from Tony, Standard Bearer to William the Conqueror, who gave him the land after the Battle of Hastings in 1066?

Following our visit to the church we gather in a local pub to warm up and have lunch, where we often learn something of the history of the hostelry. For those who do not know - the oldest drainpipe in Salisbury is attached to the wall of the New Inn, a pub well worth a visit.

U3A activities are such a joy. We have freedom and opportunity to learn and explore but nobody asks us to write an essay or take an exam. Retirement is ok!

Brenda Whitehead.

Salisbury U3A Science & Technology Group

This group meets informally on the last Monday of the month at Harnham Memorial Hall, Watersmeet Lane, East Harnham, at 10 am. £1 to cover hall hire. Just turn up.

Monday April 29th

How Satellites Have Changed Our Lives

Speaker : Phil Whitemore.

Not a U3A activity but you may find this interesting:

Café Scientifique, a forum for debating science issues.

At Salisbury Rugby Club, Castle Road, on first Tuesday of the month.

Meetings are free and open to all.

Doors open at 7pm, meeting starts at 7.30pm

Bar and Café open.

Contact: info@cafescientifiquesalisbury.org.uk

Salisbury and District U3A Visits

Please see the Notice Board at the Coffee morning for information on these visits.

Contact John Ewington on 01722 500699, or

john.ewington@ntlworld.com

CONTRIBUTIONS

Bit of a mammoth edition this time!

Please have a look at the appendices to see if you are interested in forming and running a group and then hopefully contact Mick Watts.

Hoping that next month's Newsletter will be smaller, but please send in your contributions!

Copy should reach me by midday on **May 8th**

Frank Doran,
Editor.

01722 710124

frank.doran7@gmail.com

SARUM U3A GROUP PLANNING FORM 2013-2014

Title of Group _____

Leader's name: _____

Telephone _____ **email:** _____

Please tick as appropriate

I shall continue to run the same activity for members who apply for it _____

This is a new subject and group. _____

The group will be only for different people (repeats last year) _____

This group is only for those continuing the subject from last year _____

I shall not be running a group this year _____

Please fill in every line if you are planning to run a group.

1 The group will meet: Day _____ Time _____

2 Terms: Autumn / Spring / Summer / All Year (Please circle as appropriate)

3 The group will meet: Weekly Fortnightly* Monthly *

4 The group will meet on the: 1st 2nd 3rd 4th Last week(s) of the month (*Please circle)

5 Date of your first meeting in the Autumn term. _____

(This can be provisional as you can contact group members later)

6 Venue address (or Various) _____

7 Maximum number of places including yourself _____

(If this is a joint group please give the quota per U3A Sarum _____ Salisbury _____ Spire _____)

Brief description of the group activity (you can leave this blank if there is no change)

Please complete this form and return it to:

Mick Watts 19 Harnwood Rd. Salisbury Wilts SP2 8DD (01722 322116)

Thank you for helping to make our programme so varied and interesting! Mick

This is a list of Australian Online Courses. To study any of these the leader and participants do not need any previous knowledge.

World Affairs and History

[Australian History 1: Prior to Federation](#)

[Australian History 2: Post Federation](#)

[China in Transition: From Mao to Now](#)

[Kings and Queens of England](#)

[Left, Right or Centre: A very brief Introduction to Political Ideologies](#)

[Religions of the World](#)

[Renaissance Italy](#)

[The Romans](#)

8 Courses.

Nature

[Antarctica](#)

[Australian Flora](#)

[Botany: the Study of Plants for Enjoyment](#)

[Continents on the Move](#)

[Saving the Soil](#)

5 Courses.

Writing and Creativity

[Autobiography and Journaling](#)

[Basic English Grammar](#)

[Genealogy Online](#)

[My Life Story](#)

[Shakespeare: Rediscovering the Bard](#)

[Storytelling with Pictures](#)

[The History and Spread of the English Language](#)

[Unleashing your Creative Spirit](#)

[Writing Family History](#)

[Writing for Pleasure](#)

10 Courses.

LifeStyle

[Ageing and Retirement](#)

[Design in Your Life](#)

[Food for Thought](#)

[Introduction to Western Philosophy](#)

[Maintaining Independence](#)

[Myths and Legends](#)

[Practical Psychology for Relationships](#)

[The Shaping of the Modern Mind](#)

[Thoreau Emerson and the Conduct of Life](#)

9 Courses.

Science

[The Evolution of life on Planet Earth](#)

[Astronomy](#)

[Human Biology](#)

[Resources for the Future - Renewable and Non-Polluting](#)

[The Night Sky](#)

[The Northern Sky](#)

[The Story of Science 1 - The Emergence of Natural Philosophy](#)

[The Story of Science 2 - The Science Disciplines](#)

[The Story of Science 3 - The Physical Sciences since 1800](#)

[Story of Science 4 - Astronomy and the Behavioral Sciences since 1800](#)

POSSIBLE NEW U3A GROUPS

ARCHAEOLOGY

EGYPTOLOGY

GEOLOGY

FURNITURE

PLAYING MUSIC

UKELELE

ANTIQUES

READING SHORT STORIES

FRENCH WALK AND TALK

PERSONAL FINANCE

SNOOKER

YOGA

CYCLING

SWIMMING

CLASSIC FILM (DAYTIME)

WINE TASTING

SCULPTURE

CALLIGRAPHY

FLOWER ARRANGING

BADMINTON

INDUSTRIAL HERITAGE

WEATHER + CLIMATE

ENVIRONMENT

HAND BELLS

SINGING

CULTURE VULTURES

HORSE RACING

ITALIAN

COOKING

TABLE TENNIS

DANCING FOLK/LINE/BELLY

TEN PIN BOWLING

TAI CHI

FOREIGN FILM (DAYTIME)

COUNTDOWN

COMPUTER SUPPORT

PHILOSOPHY

BRIDGE FOR BEGINNERS

SPANISH

Information for New or Potential Group Leaders

If you have an idea for a group but are a little nervous about starting, here are some ideas.

The group can be as big or small as you like. You decide how many people can fit in your room.

You can offer a “taster” – 6-8 weeks – and see how it goes.

You could offer a single meeting to test the strength of interest.

You could ask to talk briefly at a coffee morning about your idea and meet potential group members at the end.

Meetings usually last 2 hours but this can vary.

If your course needs to be held in a hall- ask the committee for advice and suggestions. The group have to cover the cost of hiring a hall.

You can start a course at any time during the year. You can advertise it through the Newsletter. (Mick Watts or a member of the committee will be happy to help you.)

Why not run a group with a friend ? If you have to miss a meeting there is someone to take over.

Running a group

If your group is small, you might like to phone the members in late August to confirm your start date, especially if this differs from the one published in the programme. It is their responsibility to check but many do not.

Find a “deputy” from within the group. If you have to miss a meeting there is someone to take over. Ask your group’s permission to share a list of group members’ contact details including emails. This helps with car sharing and collaborative research.

Ask the group if anyone would be willing to host an occasional meeting.

For study groups, agree an outline plan of how you hope to achieve your goal or pace the work. At the end of each meeting make sure everyone knows what is happening at the next meeting and who is leading the session.

Make sure everyone has a chance to contribute.

Provide a cup of tea or coffee and a biscuit sometime convenient during the meeting. Nothing else is required. Accept 50p from members for this.

Discuss the date of the next meeting at the end of each meeting (the 3rd Monday isn’t always the one you might think!)

Ask people to let you know if they cannot attend the next meeting.

Note: Keep a note of who attends each meeting. Some leaders complain about members who rarely turn up without any understandable reason such as health or holidays. If you have a waiting list, after someone has missed a few meetings, it would be reasonable to explain to them that they are taking a place which could be occupied by someone else. They will either improve their attendance or give up their place. Of course you would use your discretion.